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American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

and the California District IX, Chapter 2, AAP in association with
Children's Hospital Los Angeles Medical Group

PEDIATRICS IN THE ISLANDS CLINICAL PEARLS 2012



July 7 - 13, 2012

Hyatt Regency Maui Resort
Maui, Hawaii

www.childrenshospitalallamedicalgroup.org

1-800-3-KID-CME / 1-800-354-3263

Guest Faculty

Kathryn M. Edwards, MD, FAAP

*Sarah H. Sell and Cornelius Vanderbilt Chair in Pediatrics
Vanderbilt University School of Medicine
Director, Vanderbilt Vaccine Research Program
Monroe Carell, Jr. Children's Hospital of Vanderbilt*

Anthony J. Mancini, MD, FAAD, FAAP

*Professor of Pediatrics and Dermatology
Northwestern University Feinberg School of Medicine
Head, Pediatric Dermatology
Children's Memorial Hospital, Chicago, Illinois*

Stephen V. Sobel, MD

*Clinical Instructor
University of California San Diego, School of Medicine
Adolescent Psychiatry (Private Practice)
San Diego, California*

Children's Hospital Los Angeles Medical Group

Thomas G. Keens, MD, FAAP

*Professor of Pediatrics, Physiology and Biophysics
University of Southern California Keck School of Medicine
Division of Pulmonology
Children's Hospital Los Angeles*

Pisit (Duke) Pitukcheewanont, MD, FAAP

*Associate Professor of Pediatrics
University of Southern California Keck School of Medicine
Division of Endocrinology & Metabolism
Children's Hospital Los Angeles
President, The Human Growth Foundation*

AAP Education Program Representatives

Milton I. Arnold, MD, FAAP

*Clinical Professor of Pediatrics
UCLA School of Medicine
Emeritus Chair, Program Committee (CME)
AAP California Chapter 2*

Robert Adler, MD, MS Ed, FAAP

*Professor of Pediatrics
USC Keck School of Medicine
Associate Chair, Department of Pediatrics
& Director, Medical Education
Children's Hospital Los Angeles*

CLINICAL PEARLS



Pediatrics in the Islands...Clinical Pearls 2012 July 7 - 13, 2012

The American Academy of Pediatrics and California District IX, Chapter 2 in association with Children's Hospital Los Angeles Medical Group are pleased to sponsor **Pediatrics in the Islands...Clinical Pearls 2012** on the island of Maui, Hawaii. This conference is intended to increase your knowledge and provide a comprehensive review of current issues and recent advances in selected pediatric subspecialty areas. Faculty members will discuss current clinical challenges via didactic presentations and roundtable discussions. Audience participation is encouraged throughout the course.

You should attend **Pediatrics in the Islands...Clinical Pearls 2012** if you are a pediatrician, family physician or other health professional who cares for infants, children and adolescents and are interested in enhancing your understanding of and developing solutions for the clinical issues you encounter in your daily practice.

Course Objectives

At the conclusion of this activity participants should be able to identify, assess and manage common clinical issues in the areas of infectious diseases, pulmonology, dermatology, endocrinology and psychiatry. Including:

- Formulate a therapeutic plan for children with pneumonia utilizing the antibiotic of the narrowest, but appropriate spectrum.
- Distinguish acne vulgaris from potential imitators and develop a therapeutic plan for the patient with mild to moderate acne.
- Counsel parents and other care givers on the most up-to-date recommendations to reduce the risk of SIDS and other sleep-related infant deaths
- Distinguish disorders of growth from normal height variation and refer for sub-specialty care appropriately.
- Differentiate adolescent bipolar disorder from unipolar depression.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Pediatrics (AAP) and the American Academy of Pediatrics California District IX, Chapter 2. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

The AAP designates this live activity for a maximum of 22.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 22.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

This Live activity, **Pediatrics in the Islands...Clinical Pearls 2012**, from July 7, 2012 through July 13, 2012 has been reviewed and is acceptable for up to 22.50 Prescribed credit(s) by the American Academy of Family Physicians. Since some sessions run concurrently, no more than 22.50 credits may be reported. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Members of the College of Family Physicians of Canada are eligible to receive 22.50 Mainpro-M1 credits for attendance at this meeting due to reciprocal agreement with the American Academy of Family Physicians.

The American Academy of Physician Assistants accepts *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by ACCME.

This program is accredited for 22.5 NAPNAP CE contact hours of which 6.5 contain pharmacology (Rx) content per the National Association of Pediatric Nurse Practitioners Continuing Education Guidelines.

The program provider, AAP California Chapter 2, has been approved by the California Board of Registered Nursing, Provider Number CEP 11121 for 4.5 contact hours per day.

Disclosure of Financial Relationships and Resolution of Conflict of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

Meeting Schedule for Sunday, July 8th - Thursday, July 12th



Sunday, July 8

Moderator: Thomas G. Keens, MD

- 7:00 am Coffee and pastries
7:20 am Welcome and Opening Remarks
Milton I. Arnold, MD
7:30 am Evaluation and Management of Chronic Cough
Thomas G. Keens, MD
8:00 am Do Antidepressants Kill?
Stephen V. Sobel, MD
8:30 am Atopic Dermatitis, Part 1 – What's the Latest?
Anthony J. Mancini, MD
9:00 am Break
9:20 am Atopic Dermatitis, Part 2 – Treatment Pearls for the Pediatrician
Anthony J. Mancini, MD
9:50 am Living With Diabetes
Pisit (Duke) Pitukcheewanont, MD
10:20 am Question and Answer Session
Moderator: **Robert Adler, MD, MS Ed**
11:00 - 12:20 pm

SEMINARS

1. Childhood Asthma: What's New?
Thomas G. Keens, MD
2. Pediatric Dermatology Cases – Come Spend an Hour in Clinic
Anthony J. Mancini, MD
3. Endocrine Potpourri
Pisit (Duke) Pitukcheewanont, MD



Monday, July 9

Moderator: Robert Adler, MD, MS Ed

- 7:00 am Coffee and pastries
7:30 am How Can We Control Pertussis?
Kathryn M. Edwards, MD
8:00 am The Spectrum of Thyroid Disorders: Too Much to Not Enough
Pisit (Duke) Pitukcheewanont, MD
8:30 am Reducing the Risk of Sudden Infant Death Syndrome
Thomas G. Keens, MD
9:00 am Break
9:20 am Bedsharing: Is it Protective? Is it Harmful?
Thomas G. Keens, MD
9:50 am Recognizing Bipolar Disorder in Adolescence
Stephen V. Sobel, MD
10:20 am Question and Answer Session
Moderator: **Thomas G. Keens, MD**

11:00 - 12:20 pm

SEMINARS

1. The Crucial Steps to Personalized Treatment of Depression
Stephen V. Sobel, MD
2. Childhood Asthma: What's New?
Thomas G. Keens, MD
3. Update on Vaccines and Vaccine Controversies
Kathryn M. Edwards, MD



Tuesday, July 10

Moderator: Milton I. Arnold, MD

- 7:00 am Coffee and pastries
7:30 am Acne and Periorificial Dermatitis – A Practical Approach
Anthony J. Mancini, MD
8:00 am Periodic Fever Syndromes
Kathryn M. Edwards, MD
8:30 am Anorexia Nervosa - Clinical Pearls for Successful Medical and Psychiatric Treatment
Stephen V. Sobel, MD
9:00 am Break
9:20 am Bulimia - Clinical Pearls for Successful Medical and Psychiatric Treatment
Stephen V. Sobel, MD
9:50 am Short Children: When to Refer
Pisit (Duke) Pitukcheewanont, MD
10:20 am Question and Answer Session
Moderator: **Robert Adler, MD, MS Ed**
11:00 - 12:20 pm

SEMINARS

1. Pediatric Dermatology Cases – Come Spend an Hour in Clinic
Anthony J. Mancini, MD
2. Endocrine Potpourri
Pisit (Duke) Pitukcheewanont, MD
3. The Crucial Steps to Personalized Treatment of Depression
Stephen V. Sobel, MD



Wednesday, July 11

Moderator: Robert Adler, MD, MS Ed

- 7:00 am Coffee and pastries
7:30 am Obstructive Sleep Apnea
Thomas G. Keens, MD
8:00 am What do These Spots Mean? – How to Approach Skin Hypopigmentation
Anthony J. Mancini, MD
8:30 am Calcium, Vitamin D and You
Pisit (Duke) Pitukcheewanont, MD
9:00 am Break

- 9:20 am Bone Disorders: More Common Than You Think
Pisit (Duke) Pitukcheewanont, MD
9:50 am Update on Rotavirus
Kathryn M. Edwards, MD
10:20 am Question and Answer Session
Moderator: **Thomas G. Keens, MD**

11:00 - 12:20 pm

SEMINARS

1. Endocrine Potpourri
Pisit (Duke) Pitukcheewanont, MD
2. Update on Vaccines and Vaccine Controversies
Kathryn M. Edwards, MD
3. Childhood Asthma: What's New?
Thomas G. Keens, MD



Thursday, July 12

Moderator: Thomas G. Keens, MD

- 7:00 am Coffee and pastries
7:30 am The 15-Minute Cognitive Pediatrician
Stephen V. Sobel, MD
8:00 am Helping Obese Children and Adolescents with Exercise
Thomas G. Keens, MD
8:30 am Pneumonia: Etiology and Treatment
Kathryn M. Edwards, MD
9:00 am Break
9:20 am Rapid Diagnostic Methods
Kathryn M. Edwards, MD
9:50 am Exanthems in Childhood – More than Meets the Eye?
Anthony J. Mancini, MD
10:20 am Question and Answer Session
Moderator: **Robert Adler, MD, MS Ed**
11:00 - 12:20 pm

SEMINARS

1. Update on Vaccines and Vaccine Controversies
Kathryn M. Edwards, MD
2. The Crucial Steps to Personalized Treatment of Depression
Stephen V. Sobel, MD
3. Pediatric Dermatology Cases – Come Spend an Hour in Clinic
Anthony J. Mancini, MD

Future Meetings!

Aloha Update: Pediatrics® 2012
Grand Hyatt Kauai Resort & Spa
October 27-November 2, 2012

Pediatric Potpourri®: State of the Art 2013
Hyatt Regency Maui Resort & Spa
February 9-15, 2013

Pediatrics in the Islands® ...
Clinical Pearls 2013
June 29-July 5, 2013
Hyatt Regency Maui Resort & Spa

Registration

Saturday, July 7 3 p.m. - 6 p.m.
Daily thereafter 7 a.m. - 11 a.m.

Travel

University Travel is pleased to assist you with your travel arrangements. In addition to the conference package, they can customize your itinerary to include a longer stay or visits to other islands. **To get answers to all of your questions concerning the travel program and to make your travel arrangements, simply contact University Travel.**

University Travel

Nationwide . . (800) 821-5094 or (818) 563-9808
Fax (818) 563-9842
Emailpediatrics@unitrav.com and website www.pediatricshawaii.com

Hyatt Regency Maui Resort

Located on popular Kaanapali Beach, the Hyatt Regency is one of Maui's leading luxury resorts. The grounds are a paradise of ponds, lagoons and tropical gardens inhabited by exotic swans, flamingos, penguins and parrots. The free-form swimming pool, one of Maui's largest, is lined with rope bridges, waterfalls, grottoes and waterslides. Guest rooms are comfortably appointed, each with a private lanai. Features such as a multi-million dollar art collection and a unique variety of boutiques and restaurants lend to the ambiance. Activities available include tennis, golf at Kaanapali's two courses and the expanded spa and fitness center. Children will enjoy a variety of daytime activities offered at Camp Hyatt. The location is ideal to visit Whaler's Village, a popular Kaanapali attraction, and nearby Lahaina Town, with its myriad of shops, restaurants and boutiques.

Regency Club – Upgrade to the Hyatt's Regency Club at special group rates. Regency Club privileges include continental breakfast, daily and evening buffet services, beverages and more.

Condominiums

Ideal for families, condominiums are available on an individual basis through **University Travel** – contact us for details.

Travel Package

The Pediatrics in the Islands travel package, at special reduced rates includes:

- Accommodations for 6 nights at the Hyatt Regency Maui Resort in your choice of Resort view (golf/mountain view), Deluxe Ocean view or Regency Club Deluxe Ocean view room. (Based on double occupancy, single occupancy rate quoted on request.)
- Compact rental car for 6 days with air conditioning, automatic transmission and unlimited mileage. Includes taxes. Excludes gasoline and optional coverages. Rental car upgrades are available.
- Hyatt Regency Resort Fee, a \$25 per day value, which includes fitness center admission, complimentary self-parking, local phone calls, in-room wireless internet access and other guest amenities.
- Porterage, hotel taxes and rental car taxes.
- Travel Hospitality Desk assistance during your stay.

Travel Package Prices

Based on double occupancy for arrival on Maui, Saturday, July 7 and departure, Friday, July 13 (Airfares are quoted separately and are not included in the following pricing.):

Resort view: \$1225 per person
Deluxe Ocean view: add \$120 per person
Regency Club Ocean view: add \$495 per person

Please call for rates on single occupancy.

Children: Generally, there is no charge for children ages 18 or under sharing a room with their parents.

Family Plan: Please call for special discounts on two adjoining rooms for family members.

Rental Car Upgrades

The Pediatrics in the Islands travel package includes a compact rental car such as a Chevrolet Cobalt. If you would like a larger car or specialty vehicle such as a convertible, SUV, van or luxury car, rental car upgrades are offered at the following additional cost (per car for the week including tax). Please note that these specially discounted rates must be reserved in advance and will not be available at the rental car counter in Hawaii.

Mid-size (e.g., Pontiac G6): \$17 total
Full-size (e.g., Chevrolet Impala): \$46 total
Convertible, SUV, Minivan, Luxury: \$185 total

Note: Cars shown may be substituted with similar models. Rates shown are for example only and are subject to change.

Flights

Airfares are quoted separately. Please contact us for details.

Activities

*Sign up for these activities on the conference registration form.
Space is limited: reserve early.*

Group Activities

Sunset Cruise

Enjoy a relaxing sail aboard a state-of-the-art catamaran while you witness the magnificent views of the surrounding islands in the late afternoon sun. Refreshments will be served. The cruise departs off the Whaler's Village beach, about a 15 minute walk from the Hyatt. (Boarding is from the beach, wading knee-deep directly to the boat.)

Date: *Monday, July 9, 2012*

Time: *5:00 - 7:00 p.m.*

Price: *\$69(Adults), \$62 (Teens 13-17),
\$56 (Children 2-12), (Infants (0-1) are free,
but must be listed on the registration form.)*

Old Lahaina Luau

Enjoy an evening of authentic Hawaiian food, music and dance at the Old Lahaina Luau. This award winning luau is renowned for authentic presentation of traditional Hawaiian food, music and hula. "The best luau you'll find on Maui ... remarkable." (Fodor's Guide to Hawaii and Maui) Includes a bountiful buffet, cocktails and fresh flower lei greeting.

Date: *Wednesday, July 11, 2012*

Time: *5:45 - 8:45 p.m.*

Price: *\$92 (Adults)
\$62 (Children, under 12),
Infants not occupying a seat are free.*

Above prices are inclusive of gratuity and all taxes and fees.

Attractions and Activities

Maui offers a wide variety of other attractions and activities including:

- Lahaina Town —
The mid-1800s whaling capital
of the Pacific
- Haleakala National Park —
Site of the world's largest
dormant volcano
- Molokini Island —
A marine life conservation
district and seabird sanctuary
- The Road to Hana
- Maui Ocean Center
- Alexander & Baldwin Sugar
Museum
- Bailey House Museum
- Iao Valley State Park
- Maui Tropical Plantation
- Tedeschi Vineyards
- Sunrise Protea Farm
- Enchanting Floral Gardens of Kula
- Scuba, snorkeling and kayaking
- Horseback riding
- Hiking and biking
- Golf
- Helicopter adventures
- Surfing and windsurfing
- Sailing
- Submarine tours

Cancellation Fees Registration:

Prior to May 15, 2012 \$ 50.00 • May 16 to June 15, 2012 \$ 125.00 • After June 15, 2012 \$ 200.00

Activities: No Refunds

Note: Travel registration may also be subject to cancellation fees.

For on-line conference registration or to add your name to our mailing list,
visit www.childrenshospitalallamedicalgroup.org (go to CME page).

Conference Registration • Pediatrics in the Islands...Clinical Pearls 2012

Please send this portion to: CHLAMG / Attn: Pediatrics in the Islands
6430 Sunset Blvd., Suite 600, Los Angeles, CA 90027-7909 • 1-800-3-KID-CME (800-354-3263) or (323) 361-2752
Fax (323) 361-5068 • www.childrenshospitalallamedicalgroup.org

Name _____ Mailing Label Code: PI- _____
Street _____
City _____ State _____ Zip _____
Phone (0) _____ (H) _____
(Fax) _____ (E-mail) _____
Please check one: Pediatrician Family Practitioner Other: _____

Tuition: Early Registration by April 1, 2012

Physician	\$835	\$785	\$
CHLA Staff/Alumni	\$775	\$725
AAP CA Dist. IX, Chap. 2	\$775	\$725
* Residents / Interns	\$575	\$525
Non-Physicians (PAs, NPs, etc.)	\$575	\$525
Past Physician Registrants	\$785	\$735

* A letter from the Chief of Staff must accompany registration for reduced Resident/Intern tuition. Full tuition will be charged if not pre-registered.

Activities:

Sunset Cruise _____ @ \$69 per adult _____ @ \$62 per teen, 13-17

_____ @ \$56 per child, 2 - 12 _____ free per infant, 0-1 (but

must be listed on this form)

Old Lahaina Luau _____ @ \$92 per adult _____ @ \$62 per child, under 12

_____ infants not occupying a seat (free)

TOTAL \$

PAYMENT: Visa Amer. Exp. MasterCard Discover Check

Please make checks payable to **Children's Hospital Los Angeles Medical Group or CHLAMG**

Card No. _____ Security Code _____ Exp. Date _____

Signature _____ Amount _____

Note: Please provide name on the credit card and billing address, if different than what is shown above.

Name on credit card _____

Address _____ City/State _____ Zip _____

Travel Registration

Please include \$200 per person deposit and mail completed form to:
Pediatrics in the Islands...Clinical Pearls 2012 c/o University Travel
539 N. Glenoaks, Suite 205, Burbank, CA 91502

Nationwide (800) 821-5094 or (818) 563-9808 • Fax (818) 563-9842 • Email: pediatrics@unitrav.com
Online travel registration is also available at www.pediatricshawaii.com

IMPORTANT INFORMATION
Please be sure to complete both conference registration and travel registration sections.

Name _____ Number in Party _____

Accompanied by (Names) _____

Address _____

City _____ State _____ Zip _____

Phone (Days) _____ (Evenings) _____

Flight Required: No Yes Departure Airport _____

Maui Arrival Date _____ Maui Departure Date _____

Hyatt Regency Maui Package Resort view Deluxe Ocean Regency Club Deluxe Ocean

Condominium reservation (call for details) Optional Rental Car Upgrade Size/Type _____

DEPOSIT: Check enclosed (payable to **University Travel**) Visa Amer. Exp MasterCard Discover

Card No. _____ Security Code _____ Exp. Date _____

Signature _____ Amount _____

Note: Please provide name on the credit card and billing address, if different than what is shown above.

Name on credit card _____

Address _____ City/State _____ Zip _____

Thank you! A written confirmation will be mailed to you.

DEPOSITS: A deposit of \$200 per person is required to confirm your reservations. Pre-payment is required and will be due when invoiced, approximately 60 days before departure. Travel documents, including tickets, rental car voucher, and instructions will be sent 2-3 weeks before departure. **Course registration fees** are not included in the travel prices. **Cancellations and Refunds:** For hotel reservations, your payment is fully refundable until 60 days before departure. Cancellation after that date may be subject to fees. Airfare plans available through University Travel vary according to your personal itinerary. Many air tickets are non-refundable after purchase. Specific air ticket restrictions and cancellation terms will be provided with your written confirmation. **Responsibility:** The travel operator, Children's Hospital Los Angeles Medical Group and Pediatric Management Group, act only as agent for the passenger in regard to travel by airline, motorcoach, rental car or sea transportation and can assume no liability for injury, damage, loss, accident, delay or other damages due to any faults or defects in mode of travel during specified trip arrangements. They can accept no loss or additional expenses due to strike, illness, cancellation of flights, default by a disclosed supplier, or other causes beyond their direct control as these expenses will have to be borne by each passenger. Baggage is at owner's risk entirely. Optional insurance is available and recommended. Prices are subject to change. Receipt of payment signifies your acceptance of these conditions. Travel services are provided by University Travel, CST Registration #1015591-40.